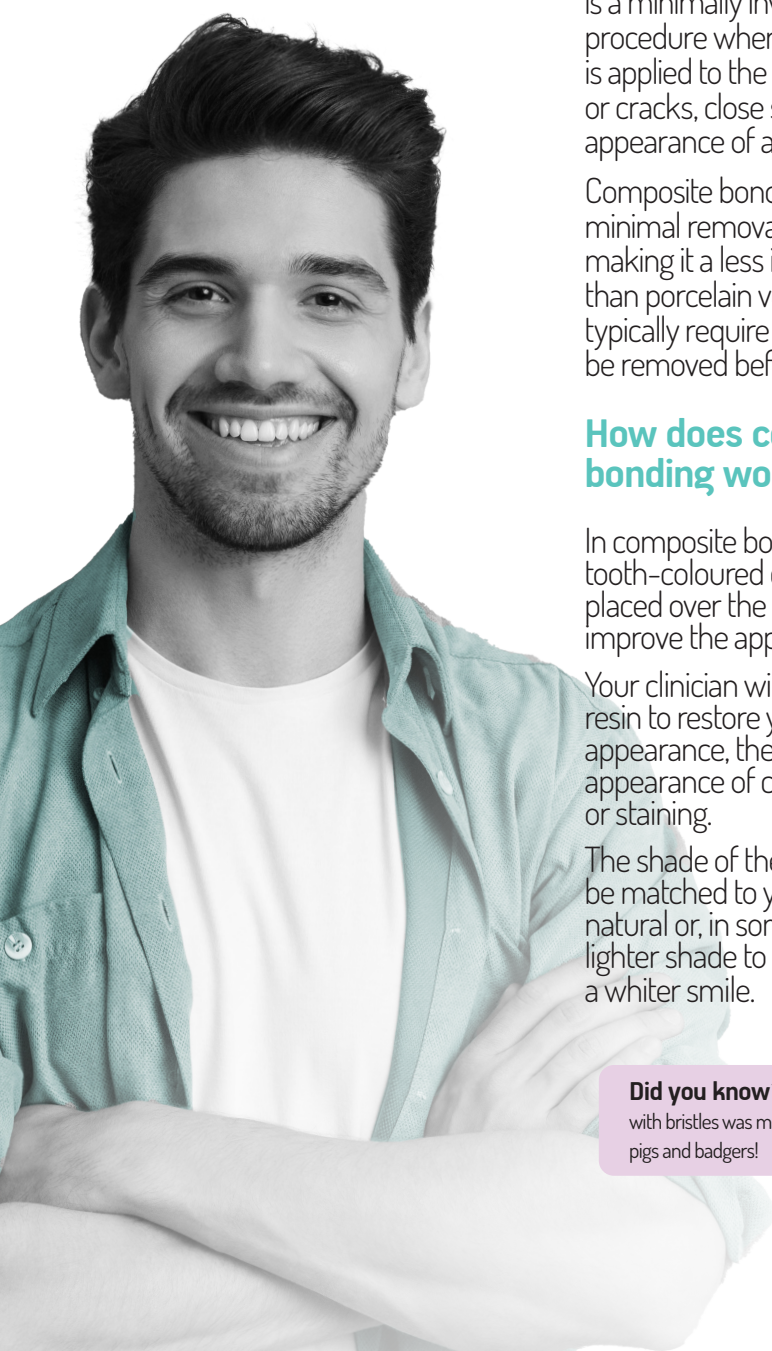


# composite bonding

It's time to rebuild your smile confidence.  
Close small gaps, repair chips or cracks or opt  
for a whiter smile with composite bonding.





## All about composite bonding

Composite bonding, also known as dental bonding or composite veneers, is a minimally invasive cosmetic procedure where tooth-coloured resin is applied to the teeth to repair chips or cracks, close small gaps or give the appearance of a whiter smile.

Composite bonding may require minimal removal of tooth structure, making it a less invasive procedure than porcelain veneers – which typically require more tooth enamel to be removed before application.

## How does composite bonding work?

In composite bonding thin layers of tooth-coloured composite resin are placed over the surface of the tooth to improve the appearance of your smile.

Your clinician will shape the composite resin to restore your teeth to a desired appearance, thereby reducing the appearance of chips, cracks, or staining.

The shade of the composite resin can be matched to your teeth, to appear natural or, in some cases, applied in a lighter shade to give the appearance of a whiter smile.

**Did you know?** In 1498 the first toothbrush with bristles was made using hair from horses, pigs and badgers!

## How long does composite bonding take?

Composite bonding treatment can be completed in as little as one appointment. Your teeth need to be in a suitable condition before you begin treatment, therefore you may be offered additional appointments to address any other treatment requirements before you have your composite bonding treatment.

## Composite bonding in three steps

Your dentist will isolate your teeth to keep them free from moisture in the mouth and then prepare them to accept the composite resin material.

The composite resin material is applied to the surface of the teeth to achieve the new desired shape.

Finally, your bite is checked, and your teeth are given a final polish – you'll be able to see the result.

Then you're ready to go!



## Can I afford composite bonding?

We believe everyone should be able to afford the benefits of composite bonding, especially as it can be a minimally invasive solution for a range of dental concerns. That's why we offer a selection of competitive prices and finance plans, so everyone, regardless of their circumstances can access the care they need. Ask in the practice for more information on how you can pay for your treatment with mydentist, whether it's in person or in easy to pay instalments through our finance partner.

## How can I protect my composite bonding?

To preserve your composite bonding, maintain good oral hygiene, brush twice a day and clean between your teeth in the way that you have been shown by your dentist or hygienist to keep your smile in good condition. Keep up your regular appointments with your dentist.

We also suggest that you attend regular appointments with a hygienist, especially before and after composite bonding treatment to maintain gum health.

In some cases, you may want to be careful when chewing hard foods, such as crusty bread, popcorn, ice, or sweets as they can break or damage the composite bonding.

**At mydentist, your dental health is our priority.  
Hopefully, we've answered your questions about  
composite bonding here but please feel free to ask one  
of our qualified staff for more detailed information.**

**We're here to help.**



**[www.mydentist.co.uk](http://www.mydentist.co.uk)**

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