

teeth straightening

Discover
your options
for **confident
smiles**

Book now
for your **free**
consultation

{my}dentist®
helping the nation smile



All about orthodontics

What exactly is orthodontics?

Orthodontic treatments work by helping to straighten your teeth and position them into a better alignment.

Orthodontic treatment can help if:

- You want to straighten crooked teeth.
- You're worried about bite abnormalities.
- You want to improve the functionality of your teeth.

Why choose orthodontic treatment?

- Orthodontics can straighten out crooked teeth.
- Orthodontics can realign teeth.

Will orthodontic treatment hurt?

Your appliance may feel slightly unusual at first and cause some discomfort. However, this will soon wane as you become more used to it.

Are orthodontic treatments safe?

When performed by one of our expert dentists, orthodontics is certainly a safe procedure.

The only thing to remember is that additional brushing is essential during treatment. That's because the new brace makes it difficult to clean your teeth effectively by using normal brushing methods.

Can I afford orthodontic treatment?

As a cosmetic procedure, orthodontic treatment for adults is privately done and therefore not covered by the NHS. However, we believe everyone should be able to afford the dental care they need - that's why we have a range of competitive prices and affordable finance options* available.

Did you know?

Orthodontic brackets were invented by Edward Angle in 1915. The brackets were made from little hooks of metal attached to bands, which went around teeth.

Timeline: a typical customer journey

We'll offer you expert advice on which orthodontic treatment is most suitable.



We'll thoroughly examine your teeth (including X-rays) and take a plaster model of your teeth.



We'll make an appliance for you.



We'll fit your appliance and offer useful advice on looking after it.



You'll wear your appliance for a specified time while maintaining good dental hygiene.



We'll remove your appliance and give your teeth a final check-up.



You can now enjoy your straightened and realigned teeth.

**At {my}dentist, your dental health is our priority.
Hopefully, we've answered your questions about teeth
whitening here but please feel free to ask one of our
qualified staff for more detailed information.**

We're here to help.

Did you know?

According to NHS
research, around a third
of all 12-year-olds would
benefit from some degree
of orthodontic treatment.



www.mydentist.co.uk

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